

AGENDA
2006 ADVISORY COUNCIL RETREAT
Bastyr University

- 9:00 Continental Breakfast - Beverages and Pastries**
- 9:30 Opening Remarks / Introductions / Icebreaker**
- 9:45 Where Have We Been? Advisory Council Accomplishments Over the Years**
Pamela Piering, Director, Aging and Disability Services
- 10:15 Break**
- 10:30 Senior Health & Wellness Through Naturopathic Medicine**
Eric Jones, N.D., Bastyr University
- 11:30 Lunch & Self-Guided Tour of Grounds, Herb Garden & Cobblestone Path**
- 12:30 White Elephant Gift Exchange**
- 1:15 WHCoA Report**
- 1:30 Break**
- 1:45 Small Group Discussions Around Area Plan Goals – identify issues of concern for 2006 & prioritize some for action**
- 2:30 Group Feedback and Identify 2-3 Desired Outcomes**
- 3:00 Adjourn**

[Note: Reporting out on Icebreaker Exercise may occur at a few points during the day. Also, Committee Sign-up Sheets will be passed around so members can indicate the committee they would like to serve on.]